DIMENSION	DESCRIPTION	PSYCHOLOGICAL CONSTRUCTS	KEY ASPECTS	OPPOSITE	EXAMPLES
Time Perspective	How much we orient ourselves towards the future.	Future Orientation	Recognizing the value of long-term thinking in planning/social development.	Short-term thinking	Deferring gratification to get long- term benefits.
-		Consideration of Future Consequences	Being aware of consequences and impacts of actions over time.	Disregard for consequences	Foreseeing future problems and trying to prevent them.
Agency Beliefs	How much we trust in our ability to influence how the future unfolds.	General Self-Efficacy	Recognition of our ability to act (active agency).	Belief that the future cannot be influenced	Belief in the legitimacy of, and participation in, political processes.
	umorus.	Locus of Control	Recognition of where action can be taken or efforts yield results.	Passivity or a reactive attitude	Aspirational and entrepreneurial behavior.
		Optimism	Strong belief that our actions can influence outcomes.	Low belief in our own capabilities to influence the future.	Acting with self-confidence and determination.
Openness to Alternatives	How much we critically question established truths and our openness to how different the future can be.	Openness to Experiences	Recognizing the potential of a plurality of possible futures.	Viewing the future as closed, deterministic and controllable.	Pioneering attitude or "fighting against windmills".
		Critical Thinking	Thinking critically and questioning present ways of doing things.	Accepting established truths and relying on authorities for facts.	Resisting the polarizing effects of social media, breaking out of "siloed thinking".
Systems Perception	How easily we see how human and natural systems are interconnected and recognize the	Systems Thinking	Recognition of the roles of causality and complexity.	Attempting to foresee every impact and consequence	Choice conscious selection of services, products and organizations.
	complex consequences of decisions.	Ecopsychological Self	Understanding of ones position and significance within broader natural systems.	Disregard for the impacts of human behavior to the natural systems.	Environmentally conscious
Concern for Others	How much we have broadened our moral and ethical values to include physically or temporally distant people.	Self-Transcendence Values	Willingness to give something away to make the world a better place.	Dispassionate observation	Engaging in altruistic community activities.
		Identification with All Humanity	Understanding how every person and place are linked together.	Self-interestedness	Considering the needs of future generations.

Ahvenharju, S., Lalot, F., Minkkinen, M., & Quiamzade, A. (2021) Individual futures consciousness: Psychology behind the five-dimensional Futures Consciousness Scale. policy, planning and futures studies 128: 102708–.

Futures, the journal of